



# Iris Alheidt-Pehrish - Welcome to life

## Beyond Coaching

### Weekly Impulse:

Weekly changing information and topics about me and my work for you - available as a PDF for download or simply to enjoy.



Iris Alheidt-Pehrish

### Recommendation of the week:

DER KURS "crisis"

Start: 22.02.2025

Duration: 3 months

Location: Online via Zoom

Dates: By individual arrangement

**Your way out of the crisis** – Recognize the opportunity in every challenge! In this course, you will learn to understand crises, activate inner strength, and emerge stronger. With effective methods and personal guidance, you will find clarity and new perspectives.

For more information on how to register, please visit my website.

### Imprint

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<https://www.iris-alheidtpehrisch.com>

### With fresh energy into the new year

At the beginning of the year, I have a special surprise for you: Starting now, every participant in my courses will receive a personal starter gift – an **energized room spray**, specially attuned to the respective course. This spray is designed to accompany you throughout the course and support you in pursuing your goals with clarity and positive energy. And the best part: Soon you will also be able to purchase these individually energized room sprays for your own personal topics. This way, you'll have the opportunity to bring a little energy boost into your home anytime and be accompanied by positive vibrations.

### How it works

Water has the ability to change its molecular structure, for example, through the clustering of water molecules. It is believed that water can be influenced by vibrations, frequencies, or electromagnetic fields, which forms the basis for the use of TimeWaver. With TimeWaver, water can be specifically energized by transferring vibrational frequencies. **The process typically proceeds as follows:**

#### Step 1: Connection to TimeWaver

A special module of the TimeWaver is used to select vibrational information that will be transferred to the water. These can be individually tailored to specific topics, such as harmonization, strengthening, or clarification.



#### Step 2: Placement of the water and transfer of frequencies

The water is placed in a suitable container within the effective range of the TimeWaver, where the TimeWaver transfers the selected frequencies to the water via information fields. This process can take several hours, depending on the intensity.

#### Step 3: Application of the energized water

The energized water is then sent to you as a room spray by mail. It can be distributed in the room (while you are present) or even applied externally to the skin to integrate the vibrations into both body and mind.

More information on purchasing energized room sprays will be available soon on my website.