

# COMMUNICATION COACHING

by Iris Alheidt-Pehrisch



Shape  
your words  
consciously!



## *Definition:*

As an experienced coach and lecturer in German, English, presentation training, application training, and ethics, I support people in shaping their communication purposefully and effectively.

## *Goal:*

My goal is to support you in improving your communication skills and helping you gain confidence in your expression.

# Communication as the Key to Success

Whether you want to express yourself more confidently in a professional setting or take private conversations to a new level – the foundation remains the same. In my communication training, I teach this foundation through a holistic and practical approach.

## Content

**Rhetoric and Expressive Power:** Unfold your linguistic presence and learn to articulate your messages clearly, convincingly, and effectively. In this module, you will discover how to communicate concisely, structure your arguments effectively, and use your voice and body language purposefully to reinforce your words.

**Interpersonal Communication:** Learn how to engage with others empathetically and purposefully to send clear messages, avoid misunderstandings, and foster harmonious relationships. This module provides tools and strategies to improve your social interactions sustainably.

**Written Communication:** Written communication is an essential tool for conveying thoughts clearly and professionally. In this module, you will learn how to craft precise, persuasive, and goal-oriented written messages – from applications and business correspondence to creative writing.

**Presentation Techniques and Application Training:** Present yourself confidently and convincingly – whether on stage, in meetings, or during job interviews. This module equips you with techniques to present your content clearly and effectively, along with strategies to appear authentic and self-assured in the application process.

**Ethics and Value Orientation:** This module focuses on reflecting on your own values and integrating them consistently into all areas of life – both professional and personal. You will learn how to make decisions based on your personal values and anchor ethical principles in your actions.

# Prices

max. **20**  
participants

12 x 90 Minutes

**Duration:** 12 x 90 minutes

**Price (incl. VAT):** €720.00

2 x 6 Hours

**Duration:** 2 x 6 hours

**Price (incl. VAT):** €720.00

**Includes Impulse Book and Certificate of Participation.**

Price including VAT:

€720.00 (payment in installments available)



## About me

As an experienced coach and lecturer in German and English, presentation training, application training, and ethics, I support people of all ages in improving their communication skills and gaining confidence in their expression.

My work takes place exclusively online via Zoom, allowing you to benefit from my services from anywhere in the world – also in English. I guarantee suitable scheduling despite time differences and am happy to adapt to your needs flexibly.

However, there is also the option to schedule in-person appointments with me if you prefer that. I kindly ask for your understanding, as this option is only available by individual arrangement. Thank you!



## Contact

If you have any questions about me or my approach, I would be happy to answer them. Feel free to reach out!

WhatsApp: +49 (0)163 - 139 69 24

Email: [iris.alheidtpehrisch@googlemail.com](mailto:iris.alheidtpehrisch@googlemail.com)

I also welcome bookings through these channels.

I look forward to working with you!

## Review

“In short, she has completely changed my life. And only for the better.”