



Iris Alheidt-Pehrish - Welcome to life

Beyond Coaching

Weekly Impulse:

Weekly changing information and topics about me and my work for you - available as a PDF for download or simply to enjoy.



Iris Alheidt-Pehrish

Recommendation of the week:

Soul Images by Stefanie Neher



Imprint

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<https://www.iris-alheidtpehrish.com>

New Cooperation Partners

This week, I would like to introduce you to two wonderful women I am working with. Each of them contributes valuable insights in their own unique way to support inner balance and personal growth.

Stefanie Neher – Art and Soul Paintings

Stefanie creates unique artworks and custom-made soul paintings that are not only artistically captivating but also have a profound energetic impact. Using the TimeWaver, I provide an individual image analysis for each of Stefanie Neher's soul paintings, revealing the unconscious themes that connect you to your artwork – and what it might reveal about your inner self. **Discover Steffi's art: www.stefanie-neher.de**



Do you have a painting at home that has always fascinated you, and you'd love to understand why? **Let me create an image analysis for you: www.coachingandiris.com**

Renate Waetzel - SSP (Safe and Sound Protocol)

Dipl. Psych. Renate offers the Safe and Sound Protocol (SSP) – an effective method for regulating the nervous system and reducing stress. This approach is based on specially designed music that gently trains the auditory system and supports emotional balance. If you would like to learn more about the different applications and effects of SSP, **feel free to visit Renate Wätzels website: www.safeandsound-protocol.de**



My course participants and community members can access this valuable program at a special price of only €250 instead of €360. If you're interested, **feel free to reach out via the contact form on my website: www.coachingandiris.com**