

### Content

Reflection and progress are at the core of analyzing coaching processes and case discussions. The goal is to deepen one's own skills and position oneself clearly as a coach. At the same time, great emphasis is placed on ethics and responsibility. This involves developing and establishing values and ethical standards to ensure professional and responsible coaching practice. Practical support is provided through the use of video analyses, which illustrate real-life scenarios and offer concrete action recommendations.

You always have the option to request a video analysis from me instead of individual coaching. You can record coaching sessions with your clients and seek my professional assessment. Of course, this will only be done with the consent of all involved parties. All data will be treated with the utmost confidentiality and will not be shared with third parties or used for any other purposes.

## Prices

I offer supervision exclusively as part of a continuous process because I want to take the time to get to know you and your work in detail. This is the only way I can ensure well-founded and sustainable support. A single session would not meet this requirement and could compromise the quality of supervision. My goal is to provide you with the best possible space for reflection, development, and growth.

Choose the coaching option that best suits your needs: With the 10-session package, you enjoy maximum flexibility and can schedule your appointments individually, while the annual subscription is ideal for pursuing sustainable development and long-term goals. Additionally, with the annual subscription, you benefit from a reduced price compared to the 10-session package – **saving you 1,162 euros.** 



## 10-Session Cand:

Duration: 10x 90 min. (+ 1x 90 min. free)

Price including VAT: €2.860,-Appointment: by arrangement

# Annual Pass (vailed for one year):

**Duration:** 1x 90 min. per week **Price including VAT:** €13.710,- **Appointment:** by arrangement

The annual pass is valid for one year from the date of purchase and ends automatically. There is no automatic renewal. An extension is only possible by purchasing a new annual pass. Missed sessions can be made up during the validity period, ensuring that you complete 52x 90 minutes within one year.

## About me

For more than 30 years, I, Iris Alheidt-Pehrisch, have been working in the coaching field and have been supporting colleagues with my supervision for the past 12 years. I help them reflect on their work, further develop their coaching skills, and advance their personal growth.

My work is conducted exclusively online via Zoom, which means you can benefit from my services no matter where you are in the world. I also offer coaching in English. I guarantee flexible appointment options, even with time zone differences, and I am happy to accommodate your needs.

However, it is also possible to arrange in-person sessions with me if that is your preference. I kindly ask for your understanding as this option is available only by individual arrangement. Thank you!





### Contact

If you have any questions about me or my approach, I would be happy to answer them. Feel free to reach out!

WhatsApp: +49 (0)163 - 139 69 24

Email: iris.alheidtpehrisch@googlemail.com

I also welcome bookings through these channels.

I look forward to working with you!

#### Review

"Iris is a born coach – she has the gift of gaining deep insight into the innermost parts of her clients in the shortest amount of time."

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