



Iris Alheidt-Pehrishch - Welcome to life

Beyond Coaching

Weekly Impulse:

Weekly changing information and topics about me and my work for you - available as a PDF for download or simply to enjoy.



Iris Alheidt-Pehrishch

Recommendation of the week:

My courses are lovingly designed "collections" – spaces where you can benefit from all my knowledge and experience within a small, exclusive group. Everything I have learned and acquired over the past years – methods, techniques, and qualifications – comes together here.

This has led to the creation of courses that support you in the best possible way on your journey of personal growth and self-discovery.

More information about the courses:
www.iris-alheidtpehrisch.com/en/courses

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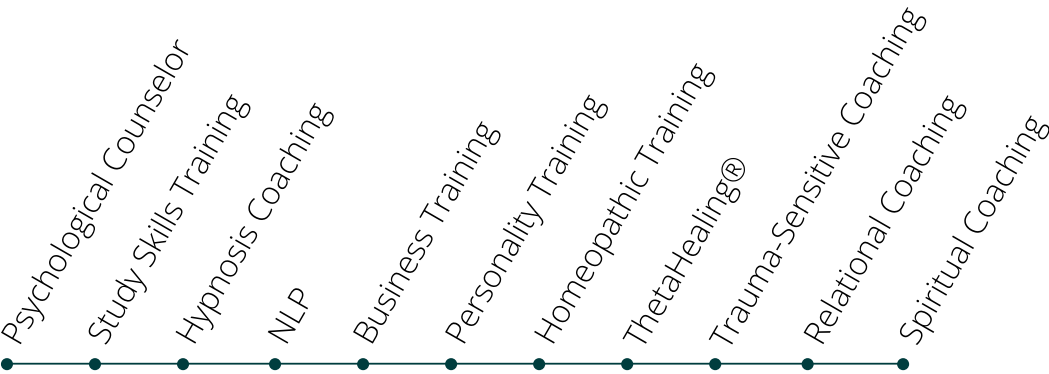
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My Learning Journey

In this week's impulse, I'd like to give you a personal insight into my work as a coach. My focus is on the training and further education that not only shaped my approach as a coach but also allowed me to grow personally. They have helped me rediscover myself time and again and sharpen my intuition.



1995 - 2025



Why I Share My Knowledge Today



All the training and continuing education listed above have become an essential part of my work today – and it is truly a matter of the heart for me not only to apply this knowledge myself but also to pass it on. That's why I now also provide training myself and support aspiring coaches as well as colleagues in supervision, helping them unfold their potential, gain clarity, and follow their own unique path.

For more information about supervision:
www.iris-alheidtpehrisch.com/en/supervision

For more information about me:
www.iris-alheidtpehrisch.com/en/about-me