

## Weekly Impulse:

Weekly changing information and topics about me and my work for you - available as a PDF for download or simply to enjoy.



Iris Alheidt-Pehrish

Recommendation of the week:



Soul Images by Stefanie Neher  
[www.stefanie-neher.de/galerie](http://www.stefanie-neher.de/galerie)

Imprint

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<https://www.iris-alheidtpehrish.com>

## What my clients say about me

Iris does her job with heart and soul!!! She is always attentive and truly listens. You feel completely comfortable around her because she always creates a pleasant atmosphere. She works holistically and has extensive expertise. She helps you see situations and life challenges from a different perspective and always has the right advice for any life situation, whether professional or personal. I would gladly work with her again and again!!!

Iris Alheidt Pehrish stands out for her competence, her passion as a coach, and her remarkable ability to identify her clients' issues and work with them in a trauma-sensitive way. She is the best coach I have ever worked with... and believe me, I've worked with quite a few. I can only recommend her: if you want to improve your mental well-being and grow in your personal development, she is the COACH for you!

On Google, you can find more reviews, for which I am very grateful, about my courses and coaching. You are also warmly invited to leave a review there.

I'm looking forward to it!



## Firsthand Experiences

### A special service I'd like to offer you:

Some of my former participants – men and women of different age groups – are willing to share their personal experiences with my courses. They have completed one or more of my courses and are happy to tell you what the experience was like. At the same time, they can answer your questions, giving you an authentic insight from a participant's perspective.

You can choose to speak with one person individually or hear from several voices at once. If at least three interested participants are available, a group conversation via Zoom is also possible – a wonderful opportunity to hear different perspectives at the same time.

Feel free to reach out if you'd like me to connect you.