



THE BLACK OX

All steaks are provided by
Rogers & Son, Carmarthen

STARTERS

Soup of the day - Served with a warm ciabatta and real salted butter **£4.95**

Black Ox Nachos - Warm salted tortilla chips served with American cheese sauce, jalapeños, sour cream, salsa & guacamole **£5.95**

Homemade creamy garlic mushrooms - fresh mushrooms pan fried and served in garlic cream sauce, served on a warm toasted ciabatta & a bed of fresh mixed leaves. (V) **£5.95**

Black Ox bites - Fresh chicken breast bites, coated in a secret southern blend, tossed in your choice of either American Smokey BBQ or homemade buffalo sauce. Served with buttermilk ranch dressing and celery sticks. **£5.95**

Wings - British chicken wings, tossed in your choice of either American Smokey BBQ or homemade buffalo sauce. Served with buttermilk ranch dressing and celery sticks. **£5.95**

Vegan potatas bravas - New potatoes pan friend and topped with vegan garlic aiolo and smoked paprika. (VG) **£5.95**

MAINS

Homemade Chicken curry - Served with either hand cut triple cooked chips or rice & a poppadom. **£10.95**

Homemade beef lasagne - Served with a side salad & homemade garlic ciabatta **£11.95**

Homemade vegan lasagne - Served with side salad and vegan garlic ciabatta (VG) **£11.95**

Homemade Fish & Chips - Fresh cod in our homemade beer batter, served with hand cut triple cooked chips, mushy peas, tartare sauce and fresh lemon wedge. **£11.95**

Vegan Portobello mushroom burger - Served in a vegan ciabatta bun and hand cut triple cooked chips (VG) **£11.95**

GRILLS

Pork loin steak - Mashed potatoes with honey glazed carrots, peas & wholegrain mustard sauce **£13.95**

10 oz Sirloin - (Pembrokeshire beef) Served with grilled tomato, flat mushroom, homemade onion rings, peas & hand cut triple cooked chips **£19.95**

10 oz Rump - (Pembrokeshire beef) Served with grilled tomato, flat mushroom, homemade onion rings, peas & hand cut triple cooked chips **£16.95**

20 oz Cowboy steak - Served with grilled tomato, flat mushroom, homemade onion rings, peas & hand cut triple cooked chips **£24.95**

10 oz Gammon - Served with egg, pineapple, tomato, flat mushroom, homemade onion rings, peas & hand cut triple cooked chips **£13.95**

Black ox 20oz double rump - (Pembrokeshire beef) Served with grilled tomato, flat mushroom, homemade onion rings, peas & hand cut triple cooked chips **£22.95**

Buffalo chicken burger - Crispy chicken burger with a choice of buffalo or BBQ sauce **£12.95**

The Black Ox 8oz burger - Beef burger, cheddar cheese, gherkins, crispy onions, bacon & burger sauce. Served with hand cut triple cooked chips & onion rings **£12.95**

Pan fried chicken supreme served with mashed potatoes, blue cheese, savoy cabbage and leek sauce **£13.95**

Make your burger a double for an additional £2.50

The black Ox chicken platter - Chicken goujons, black ox bites, buffalo wings & BBQ wings served with hand cut triple cooked chips & onion rings **£13.95**

Black ox melt - Fresh chicken breast, grilled and topped with bacon, American smoky BBQ sauce and melted Welsh cheddar cheese served with hand cut triple cooked chips, homemade onion rings and peas **£13.95**

SIDES - Skinny fries, Sweet potato fries, Homemade onion rings, Homemade garlic ciabatta bread (Add £1 for Cheese) homemade peppercorn sauce, red wine jus, hand cut triple cooked chips. All **£2.95**

Please inform a member of staff if you have any food allergens or any special dietary requirements